

Learn the Signs. Act Early.

The journey of your child's early years includes many developmental milestones for how he or she plays, learns, speaks, and acts.

Look inside to learn what to look for in your child. Talk with your child's doctor about these milestones.

Not reaching these milestones, or reaching them much later than other children, could be a sign of a developmental delay.

YOU KNOW YOUR CHILD BEST. *If you are concerned about your child's development, talk to the doctor. If you have concerns about your child's development here is who you can call for further support:*

Early Start Family Resource Network

Parent to Parent Support Resources and Information
1-800-974-5553 • www.esfrn.org

Exceptional Parents Unlimited

Parent Training and Information
909-890-3388 • www.epuchildren.org

Inland Regional Center

909-890-3000 • www.inlandrc.org



Centers for Disease
Control and Prevention
www.cdc.gov/ActEarly
1-800-CDC-INFO

Special Education Local Plan Areas (SELPA)

- San Bernardino County -

Ontario/Montclair School District SELPA
909-418-6422 • <https://www.omsd.net/domain/507>

West End SELPA
909-476-6188 • <https://weselpa.sbcss.k12.ca.us/>

Desert Mountain SELPA
760-552-6700 • <http://dmselpa.org/>

East Valley SELPA
909-252-4507 • <https://evselpa.sbcss.k12.ca.us/>

Fontana Unified School District SELPA
909-357-5000 ext.29374 • <https://www.fusd.net/departments/Instructional/SpecialEd/index.stm>

Moronga Unified School District SELPA
760-367-9191 ext.4230 • <http://www.morongousd.com/specialed.aspx>

San Bernardino City Unified School District SELPA
909-880-6863 • <https://www.sbcusd.com/cms/one.aspx?pagelD=401957>

- Riverside County -

Corona Norco Unified School District SELPA
951-736-5090 • https://www.cnusd.k12.ca.us/our_departments/instructional_support/special_education

Moreno Valley Unified School District SELPA
951-571-7500 ext.17590 • https://www.mvusd.net/apps/pages/index.jsp?uREC_ID=789500&type=d&pREC_ID=1182871

Riverside Unified School District SELPA
951-352-1200 • http://riversideunified.org/departments/special_education

Riverside County SELPA
951-490-0375 • <http://www.rcselpla.org/>

Temecula Valley Unified School District SELPA
951-506-7981 • <https://www.tvusd.k12.ca.us/Page/25642>

Track Your Child's Developmental Milestones

For parents of children from birth to 5 years



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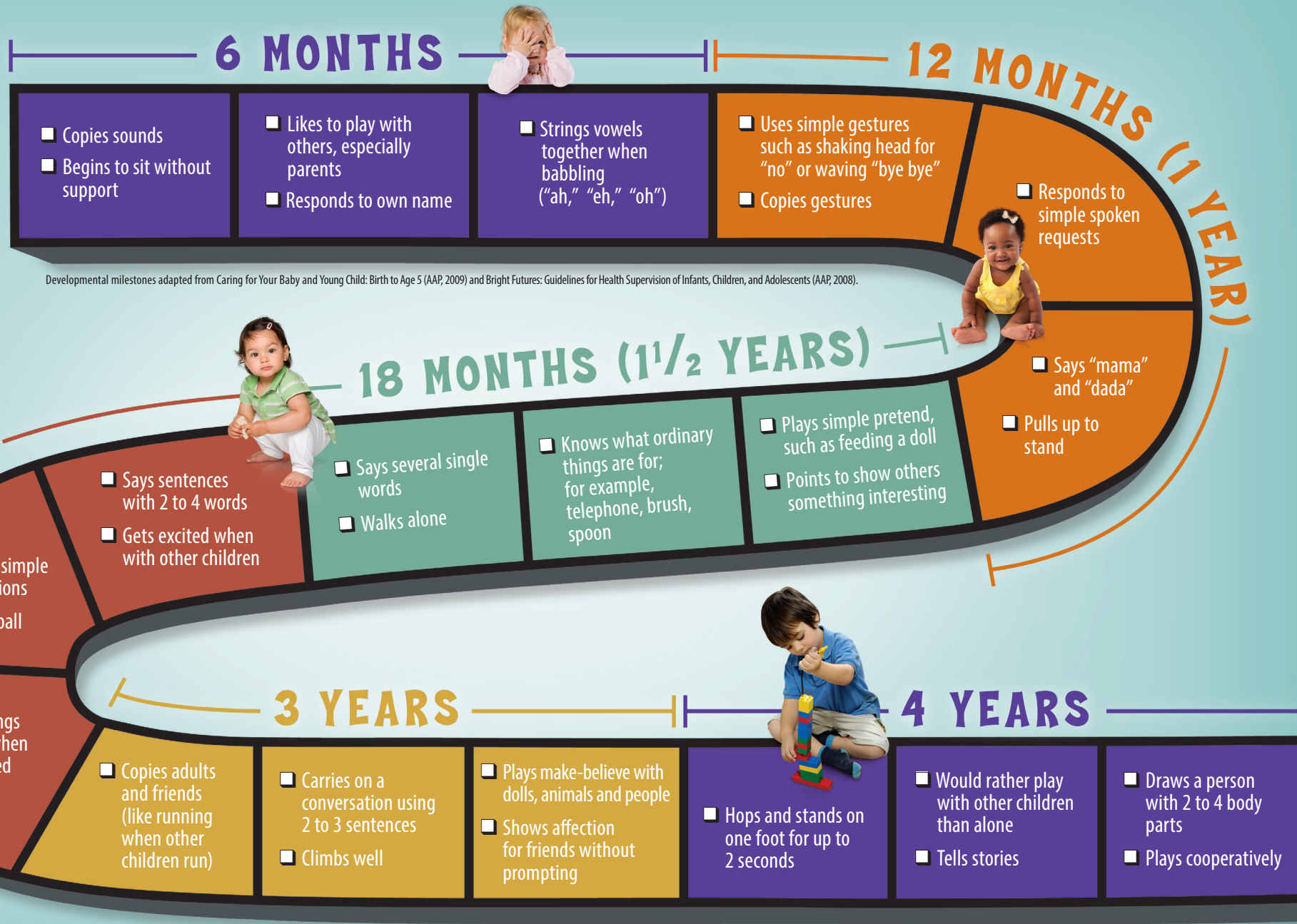
Your child's early development is a journey. Use this map of milestones to know what to look for along the way.

This brochure developed and provided by



Your Child's Early Development is a Journey

Check off the milestones your child has reached and share your child's progress with the doctor at every visit.



These are just a few of many important milestones to look for. For more complete checklists by age visit www.cdc.gov/ActEarly or call 1-800-CDC-INFO.